

# Press Release of Women of the Way: Embracing the Camino

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## What is it like being a modern-day pilgrim?

*Learn how to prepare for the Camino de Santiago and what life is like on The Way*

Sarasota, Florida, October 3, 2014 – Jane V. Blanchard walked 500 miles on the Camino de Santiago in northern Spain. Along "The Way", as it is also called, she spoke with many female pilgrims and developed a lasting friendship with many of them. To her, this camaraderie is the Camino's most prized gift. Another is acceptance. Ms. Blanchard says, "Everyone is accepting of the other in the moment. It makes no difference what are one's past or future expectations."

Modern-day pilgrims are eclectic. This millennium-old Catholic pilgrimage attracts people from all over the world, not only for religious reasons, but for health, culture, and adventure. Learn why in *Women of the Way: Embracing the Camino*. (CreateSpace Independent Publishing Platform; 3rd edition (May 7, 2012) ISBN-13: 978-1475247411 \$17.95. <http://womenoftheway2011.com>. Also available as an ebook at most ebook publishers for \$4.95).

Though the book is about Jane's journey and the discussions with women she meets on the pilgrimage, it is not a "chic" book. It is about embracing the Camino, the personal changes, and the beauty and appeal of the most popular of all pilgrimages to Santiago de Compostela, the Camino Francés.

- Discover why people from around the world walk the Camino.
- Learn how to prepare for the Camino, about the daily rituals in long-distance walking, and the camaraderie shared among these modern-day pilgrims.
- Visualize the beauty of northern Spain through Jane's vivid descriptions.
- Understand why so many people embrace the Camino.

Jane V. Blanchard

Visit the Women of the Way Website (<http://womenoftheway2011.com>) to see photos of the women featured in the book and to get tips for planning your Camino.

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### About the Author:



Jane V. Blanchard is the author of the "Woman on Her Way" series, books that describe her backpacking adventures on ancient European routes or primitive wilderness trails.

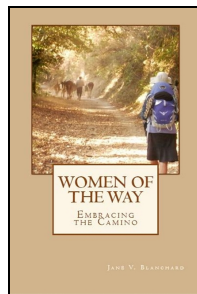
Since her retirement in 2011, she has visited sixteen countries by foot and by bicycle, and written two books about her wanderings. Now 65+ years old, she plans more backpacking trips and books.

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### About the Book:



***Women of the Way: Embracing the Camino*** – *Women of the Way Embracing the Camino*— Learn about modern-day pilgrims, preparations for hiking the Camino, and life on The Way.

**Genre:** *Nonfiction narrative*

**Book Details:** *Women of the Way: Embracing the Camino*. (CreateSpace Independent Publishing Platform; 3rd edition (May 7, 2012) ISBN-13: 978-1475247411 \$17.95.

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### Review Copies and Media Interviews:

For a review copy of *Women of the Way: Embracing the Camino* or an interview with Jane V. Blanchard, please contact ([jane@janevblanchard.com](mailto:jane@janevblanchard.com) or 941-726-6623). When requesting a review copy, please provide street address.

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